

Interested in Being a Youth Peer Support Worker?

Fraser Health is partnering with Coast Mental Health to provide peer support services to youth receiving mental health services. This is an opportunity to use your experience to help others in their recovery journey.

Who can apply:

Youth between the ages of 18- 25 who:

- ✓ Have experienced mental ill-health and received mental health services
- ✓ Able to manage their mental health and have good supports
- ✓ Committed to “giving back” by supporting youth who are starting their recovery journey
- ✓ Can engage and connect with youth between the ages of 14 to 20
- ✓ Want to contribute to improving quality of services

To become a youth peer support worker:

1. Submit an application form and a reference
2. Attend Youth Peer Support Training
3. Complete a work practicum



Connecting youth with peers “who know what it’s like”

What you need to know:

- ✓ Application & reference form are available through EPI and ADTP programs or by contacting Fraser Mackenzie (see below).
- ✓ Applicants will be interviewed prior to acceptance into the training
- ✓ Youth Peer Support Training **Spring 2017** (three months)
Time commitment: 2 to 3 afternoons per week
- ✓ Three month Practicum (Following completion of training)
Time commitment: 2 to 3 hours per week

Questions?

Contact:

Fraser Mackenzie
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